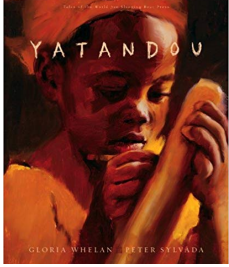


Fortitude

Do everything without complaining or arguing, so that you may become blameless and pure, children of God...

Philippians 2:14

Family Book



Itinerary

Departure:
Mali

Enroute:
Travel with the Berbers

Arrival:
Mauritania

Hymn

Trust and Obey
#349

We know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not disappoint us...

Romans 5:3-5

Manna & Quail

Exodus 16:2-3, 11-21, 31, 35

In the desert the whole community grumbled against Moses and Aaron. The Israelites said to them, "If only we had died by the Lord's hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to their death."

...The Lord said to Moses, "I have heard the grumbling of the Israelites. Tell them, 'At twilight you will eat meat, and in the morning you will be filled with bread. Then you will know that I am the Lord your God.'"

That evening quail came and covered the camp, and in the morning there was a layer of dew around the camp. When the dew was gone, thick flakes like frost on the ground appeared on the desert floor. When the Israelites saw it, they said to each other, "What is it?" For they did not know what it was.

Moses said to them, "It is the bread the Lord has given you to eat. This is what the Lord has commanded: 'Each one is to gather as much as he needs. Take an omer for each person you have in your tent.'"

The Israelites did as they were told; some gathered much, some little. And when they measured it by the omer, he who gathered much did not have too much, and he who gathered little did not have too little. Each one gathered as much as he needed.

Then Moses said to them, "No one is to keep any of it until morning."

However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell. So Moses was angry with them.

Each morning everyone gathered as much as he needed, and when the sun grew hot, it melted away.

...The people of Israel called the bread manna. It was white like coriander seed and tasted like wafers made with honey.

...The Israelites ate manna forty years, until they came to a land that was settled; they ate manna until they reached the border of Canaan.

Health & Safety

*Children, obey your parents in the Lord,
for this is right.*

Ephesians 6:1