# Groundedness

He who works his land will have abundant food, but he who chases fantasies lacks judgment.

Proverbs 12:11

#### **Family Book**



#### **Itinerary**

#### Departure:

Galapagos Islands

#### **Enroute:**

Fly. During your flight, think about how you are going to cross the Darien Gap tomorrow!

#### Arrival:

Colombia

Hvmn

Let Us Break Bread Together #323

#### Make level paths for your feet and take only ways that are firm.

**Proverbs 4:26** 

## The Parable of the Sower

Luke 8:4-15

While a large crowd was gathering and people were coming to Jesus from town after town, he told this parable: "A farmer went out to sow his seed. As he was scattering the seed, some fell along the path; it was trampled on, and the birds of the air ate it up. Some fell on rock, and when it came up, the plants withered because they had no moisture. Other seed fell among thorns, which grew up with it and choked the plants. Still other seed fell on good soil. It came up and yielded a crop, a hundred times more than was sown."

When he said this, he called out, "He who has ears to hear, let him hear."

His disciples asked him what this parable meant. He said, "The knowledge of the secrets of the kingdom of God has been given to you, but to others I speak in parables, so that, "'though seeing, they may not see; though hearing, they may not understand.

"This is the meaning of the parable: The seed is the word of God. Those along the path are the ones who hear, and then the devil comes and takes away the word from their hearts, so that they may not believe and be saved. Those on the rock are the ones who receive the word with joy when they hear it, but they have no root. They believe for a while, but in the time of testing they fall away. The seed that fell among thorns stands for those who hear, but as they go on their way they are choked by life's worries, riches and pleasures, and they do not mature. But the seed on good soil stands for those with a noble and good heart, who hear the word, retain it, and by persevering produce a crop."

### Fruit, Grains & Veggies

I can do all things through Christ who strengthens me.

Philippians 4:13

Core Day 119