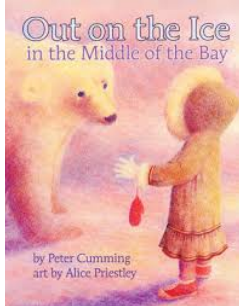


# Restraint

**A man of knowledge uses words with restraint, and a man of understanding is even-tempered.**

**Proverbs 17:27**

## Family Book



**Author:**  
*Peter Cumming*

**Illustrator:**  
*Alice Priestley*

## Greenland



## Bibliography

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**Do not wear yourself out to get rich; have the wisdom to show restraint.**

**Proverbs 23:4**

## What Must Be Taught to Various Groups

### Titus 2

You must teach what is in accord with sound doctrine. Teach the older men to be temperate, worthy of respect, self-controlled, and sound in faith, in love and in endurance.

Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. Then they can train the younger women to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God.

Similarly, encourage the young men to be self-controlled. In everything set them an example by doing what is good. In your teaching show integrity, seriousness and soundness of speech that cannot be condemned, so that those who oppose you may be ashamed because they have nothing bad to say about us.

Teach slaves to be subject to their masters in everything, to try to please them, not to talk back to them, and not to steal from them, but to show that they can be fully trusted, so that in every way they

will make the teaching about God our Savior attractive.

For the grace of God that brings salvation has appeared to all men. It teaches us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, while we wait for the blessed hope -- the glorious appearing of our great God and Savior, Jesus Christ, who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good.

These, then, are the things you should teach. Encourage and rebuke with all authority. Do not let anyone despise you.

**If you find honey,  
eat just enough --  
too much of it,  
and you will vomit.**

**-Proverbs 25:16**

**Whoever derides his neighbor has no sense,  
but the one who has understanding  
holds their tongue.**

**-Proverbs 11:12**

## CHALLENGE QUESTIONS

***It stuck me, in re-reading this passage from Titus, that Paul (the supposed author) wrote about teaching slaves. Did he believe slavery was okay?***

***I realized the author was writing to Titus about how to teach the Christians in his church. He was not speaking to Christians about how to treat their slaves and what to expect from them; they were not supposed to have slaves. Instead, he was speaking directly to Christian slaves in the church, telling them to prove themselves trustworthy to their masters so that their masters might be drawn to Christ.***

***Redemption was a well understood concept in their society - redemption was the process through which a slave's freedom in the present life was purchased.***